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# Swim To Win (Lorimer Sports Stories)



## Synopsis

Birch Hill Swim Club has a new coach and the team's star swimmer, eighth-grader Lasha Boyko, couldn't be more excited. Even though the lanky swimmer comes from an immigrant Ukrainian family of modest means, she dreams big. The coach has a track record of producing Olympians and Lasha wants to be her next star. The hitch is that she's one of the fiercest trainers in world. To achieve her lofty goals, Lasha must look within herself to find the strength. Can she be a champion?

[Fry Reading Level - 3.5]

## Book Information

Lexile Measure: 690L (What's this?)

Series: Lorimer Sports Stories

Paperback: 120 pages

Publisher: Lorimer; 1 edition (March 11, 2011)

Language: English

ISBN-10: 1552776662

ISBN-13: 978-1552776667

Product Dimensions: 5 x 0.5 x 7.8 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (1 customer review)

Best Sellers Rank: #162,112 in Books (See Top 100 in Books) #23 in Books > Health, Fitness & Dieting > Exercise & Fitness > Swimming #50 in Books > Children's Books > Sports & Outdoors > Water Sports #327 in Books > Children's Books > Growing Up & Facts of Life > Fiction

Age Range: 9 - 13 years

Grade Level: 4 - 8

## Customer Reviews

Do you have what it takes to get what you want? Do you even know what you want? And just how hard will you work to get it? Author Vallery Hyduk dives right into these questions in her young adult novel, *SWIM TO WIN*. Hyduk's background as a competitive national swimmer gives this story a realistic feel with her rich descriptions on training techniques and regimens. You can almost smell the chlorine as you follow the main character, 13-year old Lasha Boyko, through her grueling workouts. Lasha discovers that having the right mental attitude is even more grueling than the 2-hour practices and 3,000 meter swim workouts. That mental toughness forms the heart of this book as Lasha develops the heart of a champion. It's a poolside coming-of-age story. Through Lasha, Hyduk

explores how motivation, talent, work ethic, sacrifice, and family support are important influences for success. These are timely concepts for kids of all ages, abilities and interests. My 10-year old daughter enjoyed this story and it opened a discussion of these themes across the spectrum of her own young life. SWIM TO WIN is a win-win for all readers.

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